

DOW INTERNATIONAL MEDICAL COLLEGE (DUHS)
FIRST PROFESSIONAL YEAR MBBS BATCH - 2031
MUSCULOSKELETAL SYSTEM - I MODULE (2026)

Time Table: Week – 4 CONTINUE.....

Days				11.00 AM - 12:30 PM	1:30 – 3:00 PM
Sat 1/8	8:30 – 10:00 AM PATHOLOGY Types and Important Clinical Manifestations of Osteoporosis Prof. Dr. Sahar Iqbal		10:00-11:00 SELF STUDY	ANATOMY (Demo) Nerves and the Blood Vessels of Forearm Dr. Aqeela Zehra	SELF STUDY
Mon 3/8	8:30 – 9:30 AM ANATOMY Elbow Joint and Arterial Anastomosis Around Elbow Dr. Shumaila Fahim	9:30 - 10:30 AM ANATOMY (DEMO) Muscles of the Hand, Movement of Thumb, Palmar aponeurosis, Anatomical snuff Box Dr. Abdul Basit		1. A = ANATOMY (Models study) Clavicle, Scapula and Humerus + Muscles of the Pectoral and Shoulder regions, + Axilla ANATOMY MUSEUM Dr. Shumaila 2. B = PATHOLOGY (Pract) Vitamin D Deficiency States PATHO LAB Dr. Saba Kamil 3. C = HISTOLOGY (Pract) Histology of Bone HISTO LAB Dr. Aqeela Zehra	SELF STUDY
Tues 4/8	8:30 – 9:30 AM PHYSIOLOGY Excitation and Contraction Coupling Dr Afshan Mehboob Khan	9:30 - 10:30 AM PHYSIOLOGY Molecular Basis of Muscle Contraction Dr Afshan Mehboob Khan		1. B= ANATOMY (Models study) Dr.Abdul Basit 2. C= PATHOLOGY (Pract) Dr. Aqeela Zehra 3. A= HISTOLOGY (Pract) Dr. Aqeela Zehra	SELF STUDY
Wed 5/8	8:30 – 10:00 AM ANATOMY(Demo) Nerves and Vessels of the Hand Dr. Sara Farhan		10:00-11:00 SELF STUDY	1. C= ANATOMY (Models study) Dr. Abdul Basit 2. A= PATHOLOGY (Pract) Dr. Shumaila Fahim 3. B= HISTOLOGY (Pract) Dr. Shumaila Fahim	SELF STUDY
Thurs 6/8	8:30 – 10:00 AM PHYSIOLOGY (Tutorial) Skeletal Muscle Contraction A+B+C Dr Asma Bilquis		10:00-11:00 SELF STUDY	1.A = CBL (Myasthenia Gravis) PHYSIOLOGY Dr Misha Tanvir 2. B = SKILL LAB Vital signs-Blood Pressure SKILL LAB 3. C = PHARMACOLOGY (Tuto) Drugs Used to Treat Rickets and Osteomalacia Dr. Uzair Abbas	SELF STUDY
Fri 7/8	8:30 – 10:00 AM ANATOMY Wrist Joints, Superior and Inferior Radioulnar Joints and small Joints of Hands Dr. Tanzeela Khan		10:00-11:00 SELF STUDY	1. B= CBL (Myasthenia Gravis) PHYSIOLOGY 2. C= SKILL LAB Vital signs-Blood Pressure SKILL LAB 3. A= PHARMACOLOGY (Tuto) Drugs Used to Treat Rickets and Osteomalacia PHARMA DEPT	
Sat 8/8	8:30 – 9:30 AM ANATOMY Superficial veins, Lymphatics and Lymph Node of Upper Limb Dr. Zaheer Amjad	9:30 - 10:30 AM PHYSIOLOGY Energetics of Skeletal Muscle Oxygen debt Dr Uzair Abbas		1. C= CBL (Myasthenia Gravis) PHYSIOLOGY 2. A= SKILL LAB Vital signs-Blood Pressure SKILL LAB 3. B= PHARMACOLOGY (Tuto) Drugs Used to Treat Rickets and Osteomalacia PHARMA DEPT	SELF STUDY